

SUNFEST OPPORTUNITIES

The Sunbury Festival is fast approaching on the 14th and 15th March, which means many opportunities are available for sponsorship and local exposure. If you would like to collaborate with the SunFest community, please contact Tracey White on tracey@modcoms.com.au or 0412 412 042.



SBA has also partnered with Council and the SunFest Committee to help put together a competition and place making activity to tie-in with the 2015 SunFest and help celebrate the fact that it is now 40 years since the last Sunbury Rock Festival was held. Around town at various businesses you will see a range of iconic photos from the 1972 Sunbury Pop Festival. To accompany this a questionnaire has been developed for the general public to enter a competition to potentially win an original Sunbury Rock Festival Poster worth over \$200 that will be drawn as part of SunFest on Sat 14th March. People will simply need to complete the questionnaire with the correct answers to be in the running.

Each of the photos also includes a "Did you know?" fact about the Sunbury Pop/Rock Festivals that is actually an answer to one of the questions on the questionnaire. So to ensure they have all the answers correct people will need to walk around town to check their facts at the photos, along the way increasing the potential for them to spend money at Sunbury businesses, and potentially find businesses they haven't been in before.

You can find the questionnaire attached to the accompanying email.

A reminder of our current committee.

President
Michael Osborne, McMahon Osborne Group
Secretary
Darryl Van Rooy, Health Protect International

Vice President

Marnie Harding, Sunbury Square

Treasurer

Sylvia Unferdorben, Elusive Style

General Committee

Erin Callejan, Sunbury Community Health Centre Sam D'Angelo, Barry Plant Ron Blackmore, Bendigo Bank Sharon Whorlow, LJ Whorlow Carmel Scerri, Vics Food & Wine

Join us on Facebook or send us your questions at sba@sunbury.org.au



SBA Committee meetings are held on the 1st Wednesday of every month at McMahon Osborne Group Level 1, Unit 9, 57-59 Horne Street, Sunbury VIC sba@sunbury.org.au

SUNBURY HEALTHY BUSINESS NETWORKING BREAKFAST

Thanks to Sunbury Community Health for organising and running the 2015 Healthy Business Networking Breakfast Series. To everyone who attended the first Breakfast, thank-you for helping to make it a great event.

A big thank you to Bruce Howard, from The Angry Butcher Bike Shop' for your honesty in sharing your story about mental health, life and 'Bike to Brain'. If you still have questions like, 'Why is it called 'The Angry Butcher Bike Shop', check out the recent Bike Exchange blog article at: http://www.bikeexchange.com.au/blog/angry-butcher.

We also appreciated Rae Bonney from Beyond Blue sharing her personal story to highlight the significant impacts of mental health in the workplace. She reinforced that we all have a role to play in creating a mentally healthy environment at work. Caring at work can be as easy as asking how an employee or colleague is going. The Heads Up website provides simple advice to assist employers know what their responsibilities are and can also be used as a resource where you can direct staff that may be experiencing mental health issues.

The delicious catering was provided by Luke Keane and his team at The Jolly Miller Sunbury.

The next Business Breakfast will be held on Thursday 16th April 2015. If you have any suggestions for future topics on workplace health and wellbeing, or would like to express your interest in attending the next breakfast, please email erinc@sunburychc.org.au.

